



LIFT UP U UNIVERSITY

What is Lift Up U Girls and Women's Events?

Lift Up U'niversity (Lift Up U) is an event for girls and women of all ages incorporating worship, original music, the gospel, testimonies, FUN, and teaching by Laura Kaczor to share the love of Jesus Christ and who we truly are in Him. The theme is that God is the "LIFTER" of your head and enables you to walk with your head held high.

Lev. 26:13

Says Founder, Laura Kaczor: "Jesus changes lives, it is not a song, or a program, or even a church that does. It is His presence, the person of Jesus Christ that touches hearts and heals the deepest wounds. But He uses His people and their gifts and their pursuits to go and tell the nations that He is the answer. I also believe that God uses our life experiences to give us a frame of reference, and a deeper understanding in how to minister to people.

As a young woman, in an extremely image conscious line of work, I have faced my share of struggles. I have a heart for young girls and women and understand their struggles. Whether it is sexual sin, abuse or whatever they may feel shameful about, God wants to heal that place in their heart. When His grace is shining in the place where you have been hiding, it makes the ugliness beautiful.

My heart breaks for the way young girls are bombarded with images of who and what they should be, and I long to share that they have a whole, other identity in Christ. My mission is to help young ladies and all ages embrace their God-given identity and live in the freedom that understanding ushers in and to provide healing for damaged emotions, depression, low self-esteem, fears, anxieties, hurts, rejections and more that only comes from the Lord. I also love to share about the importance of purity and that it is God's love for us that makes Him want to protect our hearts."

Having experienced the loss of a close family friend at age 22 through suicide, Laura is even more committed to girls and women finding Jesus and being set free through His unconditional love and finding purpose in Him.

"We want to introduce them to the person of Jesus and share what He has to say about who they truly are in Him. *It is the message that their future is not defined by their past, their worth is not found in the mirror, and the heart of God beats for them, not against them.*"- Love, Laura

God is the "LIFTER" of your head. "I am the LORD your God, who brought you out of the land of Egypt... I have broken the bars of your yoke, and enabled you to walk with your head held high." Lev. 26:13

Laura Kaczor Ministries, Inc./ LifeThirst Ministries is a 501c3 Non-Profit Ministry (EIN Number 61-1690661) and all donations are 100% tax- deductible.

LAURAKACZOR.ORG

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Testimonies from Lift Up U Girls' & Women's events

"Well as a start, I was sexually assaulted when I was 10 and that led me to become a "cutter" and I suffered from depression for 3 years. During those years I attempted suicide and spent a week in a mental hospital. And I did not have hope or faith in any parts of my life. So, in 6th grade I was led to Christ by my 6th grade teacher, but I still suffered from depression. A year after I was led to Christ. I found Laura Kaczor's music through Facebook and I love her music and ministry. Once I started listening to her music and connected with her ministry, I found hope, and I found faith in my life. I have started going to church and found a Christian friend. Through Jesus, I broke the chain of depression, stopped cutting, and I was set free! I found my purpose in life which is to write for Christ. I started a blog to help other people, especially girls. I am 14 now and want to become an Evangelist when I get older. I want to be a Christian singer and I want to work with a ministry. Right now, I am a "Youth Advisor for Laura Kaczor Ministries, LifeThirst & Lift Up U". Jesus Christ has definitely changed my life and I have learned so much knowledge of Christ. I am happy now and thankful to know God loves me and has a purpose for my life! I have started a blog spot that I hope will help others in some way!" - [Student in Alabama](#)

"We were tremendously blessed by the ministry of Laura, her sweet spirit and love and passion for singing the Gospel. I really felt that she not only loves what she does, but she loves people!! It was a great joy to have her here and her wonderful husband Kelly with us for our conference. The ladies loved her! Thank you again!!"

- [Missy Kenney, Women's Ministry, New Hope International, Concord, CA](#)

"Laura, YOU ROCK - Your heart for HIM is clear. Thanks for sharing TRUTH with us!" ♥

- [April Tatta, Middle School Youth Pastor, Movie Church](#)

"Laura, God is good! :) The 2 girlfriends I brought to Lift Up U Event felt like you were speaking directly to them!! God spoke through you - my girlfriends are not really practicing their faith, so I was SO excited to watch God work tremendously in their hearts! A handful of women came up afterwards too to affirm the night, so God is honoring your hard work and dedication to Him!! I enjoyed serving by your side. And am excited about your heart and mission! You rock and you are a ROCK! Blessed to have you in my life"

- [April Tatta- Middle School Youth Pastor, Movie Church, PA](#)

"Laura's ability to be open, honest and candid about what she has gone through really allows women and girls the freedom to open up and share their heart and have healing at Lift Up U! Laura has a gift to teach in a way that really can be understood by all ages. It was amazing to hear the sharing and how the teaching penetrated hearts and minds for changed lives!"

- [Missy Hansell](#)

"What a wonderful night for girls/women of all ages! Everyone was blessed in some way by Laura's relevant, Bible-based presentation on how much God values each one of us despite what we perceive our shortcomings to be. The discussions we shared were also powerful and encouraging. Of course, the music was awesome! My new friend, Cookie, was amazed that Laura had written words in her songs that captured the thoughts in her own (Cookie's) mind, and then sings them beautifully with the "voice of an angel". Laura, I pray the Lord blesses and encourages you always in this life-changing ministry that you present to ladies everywhere in His name!" - [Angie Ng](#)

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"Hi Laura! I wanted to say that you are such an inspiration to me! Your faith, your music...everything. Whatever life throws your way, please do not stop what you do! God gave you an amazing talent! My dream all my life was to sing but it just never happened. Guess God has different plans for me! (grrr...lol) Anyway, thought I would let you know how much you really do reach people! *hugs**"

"Hello Laura, I hope you remember me... I am the girl that accepted Christ into her heart at Lift Up U... I just want to say thanks so much for all the inspiration you give me... I write songs and enjoy singing so much...The reason you really gave me the strength to believe was because you are so strong yourself. When I was younger, things were changing in my life and well they were changing in a bad way.... I began cutting and believing my life was useless.... Hearing you tonight really helped me get the strength to believe and trust...."

Thanks, so much Laura!!! You are really one of my role models for my life!!! Thanks for your support and help through everything and I praise God for giving you the words and that I understood them!!! I love ya!!!! Thanks again. God Bless you! I will be praying for you in all you do!!"

"Laura, thank you so much for coming tonight. The words that you have said really spoke to me tonight. I have heard the same message before, but tonight truly hit home! The LORD spoke through you! It was like in your song, Invisible. I appreciate your honesty and true love for God. Praise the Lord for YOU! I would love to correspond with you. Thanks for sharing! You are beautiful inside and out. Your voice is incredible! God bless you!"

"Laura, thank you so much for this message and this passion for God and His truth and His Word! You are walking the walk and talking the talk. Thank you for following the Lord's leading and bringing this message to all of us, especially our young girls! You are giving them a priceless gift for life! Praise Jesus!"

"Thank you for your message! My daughter and I really enjoyed your word and music. We will listen to your CDs until they do not work any longer!"

"Hey Laura, I really liked your message tonight. It was very inspirational and uplifting. I could really relate. I am so glad that I was able to have this experience! I love your music and your voice!"

"Laura, God bless you as you fulfill His purpose for your life singing about and lifting up our sweet Jesus. I was inspired. You were great! Easy to listen to, your love and passion with gentleness and strength comes through! Thanks Laura, into the next generation..."

"Laura, it was so wonderful to meet you! Thank you. You are so gracious! Your voice is beautiful and you have a very inviting and comfortable way of ministering. Your gentleness is so appealing in voice, song, and words.... I will be praying for you as you impact others for the Lord Jesus Christ."

"Laura, tonight helped me a lot. I thought I was the only one who had thoughts like that about myself. It is great to know that I am not alone and that they are lies and what God says about me is the truth. Thanks for your honesty and for speaking out, I really had a breakthrough!"

"Laura, I just want to say thank you for everything you have said and encouraged us with tonight. Thank you for your bravery and for letting your light shine tonight. We appreciate everything!"

"Precious Laura, you are His most beautiful Child of God. Thank you for loving His young girls. God bless you as you keep shining for Him."

"Laura, you have a voice like angels singing to the Lord God, He blessed you so lovingly! You are an inspiration to me!"

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Who is LifeThirst & Lift Up U Founder, Laura Kaczor? (kuh-ZOR)

Laura Kaczor was born & raised in Pennsylvania and began singing at 8-years-old at a neighbor's tap recital. At age 10 she was moved to write her first song, dedicating it to her neighbor who was dying of breast cancer. At age 14 she began voice lessons with Susan Dash and soon became active in theater & music programs at both church & school, while learning piano, guitar, violin, & flute.

Being raised in a Christian home, Laura has had a personal relationship with Christ since the age of 6, but her faith was deepened at age 17 when she attended Creation Festival and first experienced contemporary worship. Worship soon became her heart's passion, and it was at that very moment she knew she wanted to pursue music ministry as her life's calling.

During her college years at the University of Pennsylvania, Laura performed in Full Measure, UPENN's Christian a Capella group, and had two songs featured on their album. She led worship for Campus Crusade for Christ and seriously started writing songs while serving as the worship leader for 7 years at Jesus Fest (a quarterly event which drew 1000s & united all ages from 150 churches & youth groups). During this time, Laura wrote & recorded her first album, [Wake Me Up](#).

After graduating from college, Laura moved to Nashville in 2006 and recorded an EP [Wildflowers](#) with John Carter Cash (son of Johnny & June Carter Cash) at the Cash Cabin Studios in 2007. Three years later, she released [Love Enough](#), produced & co-written by 6-time Dove Award winner Don Koch and distributed nationally through Universal Music Christian Group. Laura enjoyed her first hit song [Alive in You](#), which reached #17 on the Billboard Chart and remained in the Top 20 for 11 weeks. She was named a Top 10 new female Christian singer by NewReleaseToday in 2012 and soon was featured in CCM Magazine, The Harvest Show, The Good Life, & more.

Laura's fourth album [Restore Me](#), with all original songs (some co-written with Amy Lewis Strother), was released in 2015 and produced by multi-Dove Award Winning Producer, Ian Eskelin (Francesca Battistelli, Sidewalk Prophets). She has to her credit 6 Top 20-25 Billboard Chart hit singles, plus a #5 in the UK. The [Restore Me](#) album was produced during the difficult & faith-building time of her son Samuel's open-heart surgery to repair a large hole in his heart. Laura was both humbled & strengthened through desperate prayer, and Samuel is now thriving & well on his way as a joyful disciple of Christ. After another difficult pregnancy, she & her husband Kelly were blessed with a beautiful daughter, Sophie, who shares her mother's love & gift for singing. Her family is forever grateful to the Lord for His faithful presence.

In recent years, Laura's songs have been heard on hundreds of radio stations nationally & internationally in 11 countries. Having led worship for thousands over the last decade, Laura & her husband Kelly founded the national [LifeThirst & Lift Up U Conference & Concert Ministry](#) that has toured the country with worship music & speakers since 2010. They are united in their heart's quest to bring salvation, restoration, transformation, & revival to a generation through the unconditional love of Jesus Christ and the knowledge of who they are in Him.

For complete Bio, music, videos and more info visit websites below.

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